- Demostration uniform according to the traditional martial art uniform of each styles.
- Time of each demonstration is limited in 5 minutes

3.b. Medal

- Organizing Committee shall award at least 2 Gold medals, 2 Silver medals and 4 Bronze medals for this this category

4. Compulsory Form Demonstration:

4.a. Requirements:

- Performer must demostrate one of 8 compulsory forms of Vietnam Traditional Martial Arts Federation below:
 - Lao Ho Thuong Son form;
 - Lao Mai form;
 - Ngoc Tran Quyen form;
 - Doc Lu Thuong form;
 - Bat Quai Con form;
 - Sieu Sung Thien form;
 - Tu Linh Dao form;
 - Huynh Long Doc Kiem form.
- Each Vietnamese performer may register only one compulsory form, otherwise international performer may register one or two compulsory forms.
- Demostration uniform & shoes must comply with regulations for compusory form performance of Vietnam Traditional Martial Arts Federation
- Demostration weapons must comply with with regulations for compusory form performance of Vietnam Traditional Martial Arts Federation.

4.b. Medal

- Organizing Committee shall award at least 8 Gold medals, 8 Silver medals and 16 Bronze medals for this this category

5. Match Competition:

Match competition is consisting of 19 classes including Male classes & Female classes