VIETNAM TRADITIONAL MARTIAL ARTS FEDERATION

SOCIALIST REPUBLIC OF VIET NAM Independence - Freedom - Happiness

Ha Noi, March, 19th, 2015

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REGULATION THE INTERNATION FESTIVAL OF VIETNAM VOCOTRUYEN THE 1st THANG LONG CUP - 2015

I. Purpuses and requirements

1. Purpuse:

- To introduce and encorage practising movement of Vietnam Vocotruyen.
- To develop and exchange between Vocotruyen clubs, styles, schools in Vietnam with Vocotruyen clubs, styles, schools all over the world.

2. Requirements:

- The International Festival of Vietnam Vocotruyen, the 1st THANG LONG CUP 2015 shall be executed with purpose to establish the World Vietnam Vocotruyen Federation and to expanse Vietnam Vocotruyen from 2015, as well as gradually introduce the principles and technical requirements of Vocotruyen Vietnam.
- The International Festival of Vietnam Vocotruyen, THANG LONG CUP will be held every two years (in odd years).

II. Categories and requiments

The International Festival of Vietnam Vocotruyen, the 1st THANG LONG CUP - 2015 will be organized in 5 Categories as below:

1. Freestyle Form Demonstration

Freestyle Form Demonstration is consisting of:

- Bare hand form demonstration performed by Single and Team numbered from 3 to 10 people.
- Weapon form (All kinds) demonstration performed by Single and Team numbered from 3 to 10 people.